

Liberty Lake Star Points 2.0: Program Integration!



Liberty Lake's guiding lights are our "Five Star Points" based on the 21st Century Life Skills that experts feel are most essential for young people to learn: Independence, Integrity, Aspiration, Teamwork and Friendship. At Liberty Lake we don't just "talk the talk" though, we "walk the walk" – and we do so by integrating these principals into everything we do at Camp.

Starting with our Off-Season Leadership Training with professional staff trainers, we have learned some unique methods of identifying the positive behaviors/outcomes we are seeking, and tying it to the overriding value/star point. We worked with our top 30 leadership staff in April to teach this technique, and will be teaching our 200 staff this May in our team trainings.

Each week at Liberty Lake, there is a "Star Point of the Week." We add an additional 15 minutes to our morning assembly periods for the counselors and group leaders to work with their groups to create a list of the positive behaviors that result from the specific Star Point of the Week- So if it's "**Independence Week**," then for Turtles (Pre-Schoolers), it could be "getting dressed after swim" or "putting your sneakers on all by yourself." For Seniors (Middle Schoolers), it could be "trying a new elective" or "speaking up for yourself when you feel you are right."

During the week, we award the famous LLDC "Fuzzies" to the Campers who exhibit great examples of these skills, and hold mini-ceremonies for them at divisional assemblies. Campers will go home with not only a little fuzzy, but with a note explaining why they got the fuzzy, and which value/Star Point it was tied to. On Fridays, at our big assemblies, we give shout outs to the "best of the best" and thank those campers and staff who have been such great examples of these positive behaviors and values we are teaching.

Star Points are omnipresent- On the bus, Camper T-shirts, around Camp, in the Emails you receive at home each week (you are in the loop, helping the cause and seeing benefits at home), in Newsletters, in Staff Check-ins/Evaluations, and more.

Our goal is to have a Camp in which campers make choices because they are the right things to do- for themselves, for camp, for nature, for the community. When a Camper acts on this, we immediately celebrate that decision, and immediately tie it to the value/Star Point (Integrity.) *Thank you in advance for your Star Point support!*

POINT 1 -

INDEPENDENCE

- Resilience- Falling down, and getting back up
- Problem solving
- Critical thinking- sound reasoning and analytical thinking
- Self direction
- Personal accountability, dealing with consequences
- Hard work, determination, drive
- Taking responsibility
- Ability to disconnect from parents
- Making good choices
- Confidence
- Trying new things
- Coping skills- Embracing the challenges presented in life.
- Self-Reliance
- Lifelong learning
- Grit

POINT 2 –

INTEGRITY

- Civic Responsibility- Being a contributing member of society
- Acting Responsibly, with the interests of the greater good
- Respect
- Sportsmanship- Winning with class, losing with honor
- Creating positive energy

- Doing the right thing
- Paying it forward.
- Respecting your surroundings- Camp, town, country, family, life
- Keeping Camp safe
- Keeping Camp clean
- Acting with appropriate behavior

POINT 3 –

ASPIRATION

- Discovering your true identity
- Finding and nurturing your passions in life
- Looking to the future
- Broadening your horizons
- Appreciating the natural world around you- stewardship
- Pushing yourself beyond your preconceived limits
- Taking safe risks
- Being a creative force
- Positively impacting others

POINT 4 - TEAMWORK

- Leadership- Leveraging the strengths of others to reach a common goal
- Communication- Articulate your thoughts and ideas clearly and effectively
- Inspiring others
- Interpersonal Skills

- Diversity- learn from and work with individuals from diverse cultures, backgrounds & views
- Negotiate and manage conflicts
- Consider and respect the perception of others
- Being a contributing part of a team, not just a member.
- Respect for your teammates, bunkmates, and all others
- Cooperation and Collaboration- Willingness and ability to work with others
- Helping and supporting one another
- Listening, following directions
- Inspiring others to succeed

POINT 5 –

FRIENDSHIP

- What is means to be a good friend
- Being politely friendly, respecting differences
- The skills of keeping friends- Respect, patience, understanding, empathy
- Understanding Social cues
- Real Friend vs. Acquaintance
- Helping those in need
- Developing good character traits

