



**2023**  
**EDITION**

# Parent Resource Guide

**Important Stuff that Parents Really Need to Know!**



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# What is Liberty Lake Day Camp?

It's much more than 60 shady acres, two pools, and a small lake. It's a community of shared values that creates a supportive, learning environment for campers and staff to grow and flourish.

Our "Star Points" guide us in nurturing values that build strong character, leadership and community. This allows us to be intentional about imparting what truly matters in our LLDC family; teaching and learning important skills that impart the values that will help us all lead a successful life.

1. To become more **INDEPENDENT** and resilient.
2. To gain **INTEGRITY** by choosing honesty to make right decisions to treat people with respect.
3. To find **ASPIRATION** to learn, overcome challenges, be creative, and try new things.
4. To practice **TEAMWORK** alongside our supportive friends and counselors.
5. To learn the important skills of making and keeping **FRIENDSHIPS**

At Liberty Lake, we hold ourselves accountable to instilling these "Star Points" each and every day into our camp activities and the in-between times. When we adhere to high standards and expectations, these principles create a powerful culture of learning and support. Our hope is that our Liberty Lakers will keep their camp spirit in their hearts, in their everyday lives, and become a positive impact everywhere they go.

**We are honored that you have entrusted us with your children.** We are grateful for this partnership, and ask that you discuss our "Star Points" with your children, to ensure a positive experience for each Liberty Laker in our summer family.

*Andy, Jill, Brandi, Joe & the Liberty Lake Leadership Team*

★ **NEW Parent Zoom- June 1 @ 7pm - with Andy** - Check your Email for link. Learn why a camp like LLDC is vitally important to today's children, how campers and parents feel during their first week of Camp, why the rules are the rules, our discipline policy, our camp culture, fun traditions, and more. LLDC can seem complex with electives, swims, division leaders, snacks, etc. So get comfy, as this jam-packed Zoom will help clear things up. Put your questions into the chat, and stay on until they are all answered! **Recording will be put onto our YouTube Channel on June 2.**

★ **VETERAN Parent Zoom- June 9 @ 7pm - with Andy** - It's a Town Hall style "Update from the Lake" Zoom to clarify the intricacies & new initiatives at LLDC- ask questions! Check your Email for link. **Recording will be on YouTube June 10.**

★ **MEET 'N' GREET - Thursday, June 22, 6:30 to 8pm** - Come out just before camp begins (with your kids) to meet the Counselors, Administrators, Aquatics Directors, Camp Nurses (you can bring in meds,) and your other LLDC partners. Attendance is optional, but encouraged- especially for new campers, as knowing names and faces makes the 1st day of camp extra smooth! **We will hand out backpacks and T-Shirts to all who come - otherwise given out on campers' first day.**

★ **2023 FAMILY NIGHT - Thursday, August 10, 5:30-8pm: BBQ, Activities, Camp Musical, Old Timer's Club** - It's back, like pre-pandemic times- For all camp families, regardless of weeks attending! Campers go home on the bus (unless from Center City) and return to camp with their families for food, fun, the evening performance of "Matilda", and the highly anticipated "Old Timer" ceremony for **5-YEAR, 10-YEAR, 15-YEAR, & 20-YEAR campers!** Bring your sneakers & appetites...

**LibertyLakeDayCamp.com - LOG-IN + QUICK-LINKS** - Login to your CampInTouch account to update family & medical info, select weekly electives, view/purchase photos, print statements, and more. **All other important Summer links are on the "QUICK LINKS" webpage- link located in the upper right corner of every page of the LLDC website- Bookmark 'em!**

**NEW, EXCITING, & RETURNING** - Campaign of Character (see next page), Shark Week, Cookie Monster Mania, new Business Club, and Soph Mountain Man late night. We also built new drainage on Woods hill/walkway, new construction where old Sandland was- Plus the return of Spirit Calendar favorites Wet 'n' Wild Day, Yacht or Not, Jello Tug o' War, Color War, Legacy Color War, LARP, Look-a-Like Contest, and Camp-a-Palooza!

# Campaign of Character Initiative

We have always prided ourselves in being a safe and inclusive community, with values such as respect, integrity, friendship, teamwork, and aspiration at its core. At Liberty Lake, campers and staff are our “walls and roof,” and our value system is our “foundation.” Together, our camp family has created a summer home for all those who join us each summer - you are family!



While campers and staff grow and change over the years, our character values and “Star Points” remain constant, guiding Liberty Lakers, near and far, on their journey to a successful and meaningful life. To further foster these values within our camp community, we have created a new **Campaign of Character** - a 4-tiered approach to better instill our values throughout LLDC, building on our already existing principles. This initiative is intended to be fun, while highlighting the great things we do and say at camp that display character!

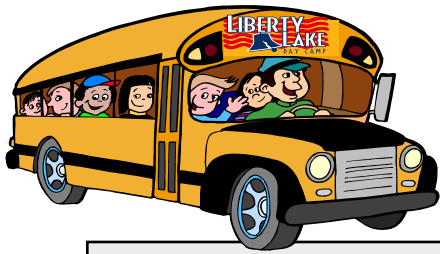
- 1. Colors of Character:** We have assigned each of our values colors and are giving our LLDC team pony beads to distribute to the campers to encourage reinforce behaviors. When a camper says or does something of character, the staff will be able to recognize that behavior by giving them a bead of that value’s color. It’s a simple, and immediate way for our team to reinforce the positive actions of character. So, instead of just a “high five” because a camper was being a good friend, now the staff member will point out that when they stopped and helped the other child find their bag, they were being a good friend- and award them a “friendship bead” (and THEN a high five!) These colorful beads give specific and immediate praise, focused on character, and campers can display their collections with pride!
- 2. Fuzzy of the Week:** We love our little fuzzies at LLDC, and they are not going anywhere. However, with the campaign of character, fuzzies have been heightened to a higher level of specialness. Our leadership team will be awarding fuzzies for EXCEPTIONAL acts of character, which will make the award a bit more rare. They are still cute, and will still be awarded at special ceremonies- so please note that **if your camper comes home with a fuzzy- it is a REALLY BIG DEAL!**
- 3. Color War of Character:** A continuation of our 5-team “legacy” competition that will happen more and more year-round. We still have our historical, annual 3-day competition, and small opportunities that take place throughout the year- both at camp, and during the school year. During these special moments, campers and staff can earn points for their team with awesome displays of character. This enables us to continue our conversation of character all year-round, and allows campers who are not at camp during the surprise 3-day competition to help support their team.
- 4. Character Corner:** This is our 2-fold approach to have **visible examples around camp** of the things great people of character do and say. We will have real life examples of famous people that show friendship, teamwork, leadership, and the other values that we feel are important for a happy and healthy life. What a great way to impart the concepts of what truly matters, by using the real-life people that have impacted and inspired our world! We hope that when the campers see and learn about these “characters of character,” they too will aspire to be a positive influence in the world around them :-)



The Liberty Lake Character Campaign is a combination of old traditions and new ideas. Our hope is to continue to partner with you, our families, so that together our village can model, teach, and inspire a culture of character for all those in our camp community, our local community, and beyond.







# TRANSPORTATION

Our goal is to provide a safe, enjoyable, and efficient trip to and from camp for our campers. We use school buses with professional bus drivers and have camp staff on board who supervise, lead cheers and songs, and play games with the campers. All drivers are full-time professional bus drivers.

**BUS TIMES** - In your Email Inbox, and on the “**QUICK LINKS**” page of [LibertyLakeDayCamp.com](http://LibertyLakeDayCamp.com) will soon be a list of Current Bus Times that we approximate for all pick-up and drop-off locations. Please realize that the camper population can fluctuate from week to week, which can slightly effect bus times- if they change, we'll let you know, Emailing you, and posting on QUICK LINKS- **Check your Emails each weekend!**

**CENTRAL EXPRESS TRANSPORTATION** - Please make sure to be at the bus stop location on time, as the bus cannot wait more than a minute, especially on the streets of Philly. **PM “drop-off: “Your child will never be left alone, unless authorized. If you are not there waiting for them, our staff will attempt to contact you; and if necessary, finish the route, and return to the Bus Stop. As a last resort, the bus would return your child to the camp. Bring your Car Placard for Pickup Identification on the first day, so our staff knows who you are!**

**TRANSPORTATION CHANGES** - We can accommodate changes in most cases, but we ask that you **Contact us Before 12 Noon of the day in question.** Please call us, and/or Email: [bus@libertylakedaycamp.com](mailto:bus@libertylakedaycamp.com)

**CAMPER ABSENCES** - Please contact the Camp Office by 7:30 AM (or earlier) to let us know if your child will not be taking the bus to camp. **This is a big help in keeping our buses running on time!**

## Parent Drop-Off & Pick-up 7am-6pm

**DROP OFF** - Upon arrival to Liberty Lake, turn right at the Mini-Golf Course and proceed down the second aisle of the parking lot, circling left so that your passenger side door is facing the Twin Cedars Pavilion, where a staff person will assist your camper(s) out of the car. From **7 to 8:40 AM**, campers are signed-in to play and socialize with other early campers and staff. After 8:40 AM, campers are led to their divisional arrival areas, where they sit at assigned benches, and are signed in by their respective staff. **Please do not park or get out of your car, unless there is an emergency.** Also, realize that **BUSES** also arrive between 8:40 and 9 AM. **PLEASE DO NOT ARRIVE AFTER 9 AM- as Campers will be LATE for 1st period and not be happy about it!**

**PICK UP** - After the last bus is dismissed at 4 PM, the Security Guard announces the first group of cars to the waiting campers. Parents must show their Placard to security, and “drive around the circle” where campers will be brought out to meet their respective rides. “Extended Hours” begins at 4:20 and ends at 6 PM.

**BEFORE / AFTER CARE / OR NOT** - Extended hours care runs from 7-8:40 AM and 4:20-6 PM. To receive a “No Bus/No Extended Hours Discount,” campers must be dropped off no earlier than 8:30 and/or picked-up no later than 4:20. You may utilize **HALF** the Extended Hours (AM/PM), for half the discount.

### EARLY PICK-UP? - DON'T JUST SHOW UP!

If you wish to pick up your child early from camp, please let us know **THAT MORNING**. We suggest a confirmed Email or a phone call to camp. **Your child will be pulled from their group between activities prior to their requested departure. Campers will only be released to a parent or guardian who can show the family Car Placard at the Gate House.** If you would like your child to be picked up at camp by someone without the Placard, please Email or Call that morning. Given sufficient notice, we will have your camper(s) waiting at the Gate House when you arrive. **Lack of notice will result in waiting until their next scheduled program break.**

**\*\*\*THERE ARE ABSOLUTELY NO PICK-UPS ALLOWED BETWEEN 3 and 4 PM**

If you show up between those hours, you will be respectfully asked to wait until after the buses depart at 4 PM. **This is a supremely important safety precaution for us.** Please make every effort to work this policy into your plans.



# ★ FREEDOM OF CHOICE ELECTIVE PROGRAM ★

## **CAMPERS ENTERING 1st THROUGH 9th GRADE CUSTOMIZE THEIR DAYS!**

Each Monday, campers, grades 1-9, receive an elective sheet listing the activities offered the NEXT week (also posted online, and link Emailed to you.) Our hope is that parents will discuss elective choices with the campers, and then submitted through the "Forms & Documents, Top-15" form of your CampInTouch dashboard (you must first log in).

### **\* ELECTIVE CHOICES MUST BE UPDATED ONLINE EACH WEEK BY TUESDAY NIGHT \***

Campers create an activity "Top 15" list prior to the start of the Summer (you can do it today), with choices listed in order of preference- thus the TOP CHOICE is the most desired choice, which we schedule first and then work down the list. We use a proprietary software program (designed by a camp parent) to ensure top picks- if you see any issues, please let us know. Activity Preferences do not get erased from the system, week to week- So if updates are not made each week, campers may receive the same choices. **Curriculum changes each week- So please update your choices!**

With over 50 choices of electives offered each week, and campers creating a "Top 15 List", there is a mathematical chance that NONE of your child's choices could be offered during a given elective period. If this happens, the scheduling software will choose an elective based on your child's other choices, which can be switched later by the camper.

**SWITCHING ELECTIVES:** Sophs, Juniors, & Seniors may switch electives on Monday afternoon.  
Frosh parents can Email their division leaders and they'll make the switch for you.



- \* **Activities run 45 minutes per day, for one week (5 days) at a time.**
- \* **Curriculum changes each week, so campers can "Repeat" their choices.**
- \* **Read the new Elective Sheets & make adjustments every week- Especially SENIORS!**
- \* **If not attending Week 1, your first elective sheet will be posted and Emailed a week prior to your start date with a friendly reminder encouraging you to update choices.**

**Turtles** enjoy a new schedule each week that is specifically designed to include a variety of athletic, art, nature, cooking, and waterfront activities- with plenty of unstructured play!

**Please use the Week 1 Elective Sheet to create your "Top 15 List" TODAY- Regardless of start date**

**If you have questions or concerns about electives: [Electives@LibertyLakeDayCamp.com](mailto:Electives@LibertyLakeDayCamp.com)**

## **Behavior & Discipline**

**Every camper at Liberty Lake should feel physically and emotionally safe. *Fighting, cursing, bullying, verbal intimidation, or any inappropriate behaviors are NEVER tolerated at Camp, on a Camp bus, or a trip.* A safe and friendly atmosphere is the responsibility of everyone at Liberty Lake.**

**Liberty Lake teaches healthy, respectful patterns of behavior through a positive learning environment.**

Children learn what is acceptable and desirable in order to help them become positive influences in our community. We teach and model character, morals, integrity, ethics, and controlling our emotions to exemplify our values.

Disciplinary issues are brought to the attention of the Division Leader who immediately informs the parents of all campers involved as to what occurred and what action was taken- **thank you in advance for backing us up!**

If a camper has recurring issues, the camp will request a meeting with parents, and the camper may be suspended. While we will work hard with our support and inclusion team to help any child with behavioral challenges, if a camper is unable change his/her negative behavior, or if it is no longer in the best interest of the camper (or other campers) for a child to remain in camp, the camper will be removed from camp. Liberty Lake is a wonderful place for many, but it can be too overwhelming for some. Please contact us immediately to rectify any negative situations that may be encountered. Most challenging situations will simply require patience, understanding, and a sincere apology.

# ★ HEALTH & SAFETY ★

**Liberty Lake is a very safe place for our children.** There is only one way in and one way out of camp, and it is guarded from 7 AM to 6 PM by staff who take their job very seriously. Staff wear uniform shirts. All visitors are met at the Gate House, must show appropriate ID, granted permission by the office, and given visitor passes to wear while being escorted through camp. Our adult staff (18+) are professionally background checked and fingerprinted, and our younger staff (mostly former campers) are diligently reference checked.

Staff training includes professional speakers with topics including youth development, positive discipline, emergency procedures, child abuse awareness, DEI, mental health, and basic medical care. We run unannounced drills throughout the camp season, we have three Registered Nurses on staff, and the Mansfield First Aid Squad is just around the corner. Liberty Lake is accredited by the American Camp Association (Andy was President) and licensed by the NJ State Department of Health. **Andy is also a Certified Child Abuse Prevention Trainer**, and helps train our staff to always be on the lookout for potential situations. No staff is allowed to be alone with a camper, under any circumstance, with grounds for immediate dismissal.

Our Aquatics Directors are Red Cross Certified Trainers, who train and certify our lifeguards with CPR, First Aid, and AED training. **We also employ two experienced social worker/counselors, who work with our staff, campers, and camp families.**

In conjunction with the State, County, and Township Offices of Emergency Management, our goal is to prepare for any situation. Please know that communication with our parents is an integral part of this plan, via Emails, and text notifications.

## WHAT CAN YOU DO TO HELP?

1. Make sure that your Emergency Contact info, Email & Cell numbers are up-to-date in CampInTouch
2. Make sure that people other than you or your spouse, are listed as “Emergency Contacts,” and “authorized adults” who could be picking up your camper(s) from camp.
3. We are taking care of hundreds of campers at a time, and looking out for the safety of ALL of them. Please remember this if you try to contact us in the midst of an emergency, or severe weather situation. We will Email or text you from the office when necessary, when we are able to.



## Camp Communication



**Liberty Lake Day Camp utilizes the convenience of “CampMinder”- the leading web-based Camp database system.** When you “login” to CampMinder, you are actually IN OUR DATABASE SYSTEM. If you haven’t already, we urge you to go online ASAP to update your family’s info, add/update your camper’s health history information (an annual state requirement), and acquaint yourself with this great, state-of-the-art communication tool. **We also have lots of other online resources:**

- ◆ **The “QUICK LINKS” webpage link is in the upper right corner of every camp website page. It has links to most everything for summer:** Bus Times, Elective Sheets, Lunch Menu, Permission forms, Laketionary, Parent Guide, and more!
- ◆ **The “Forms & Documents” section of your CampMinder Dashboard is the hub for most mandatory forms needed.**
- ◆ **Update your family’s information any time:** Cell phone #, Email, mailing addresses, etc. All editable online.
- ◆ **HEALTH HISTORY:** Input your information **ONE TIME**- and it will be with us forever! (must be updated each year- by June 1) If you haven’t done this already, please do it ASAP- as legally, we need a current Health History for your child to attend camp.
- ◆ **Elective “Top 15 List”:** Online elective selection makes choosing activities quick & easy! Go to “Forms & Documents” on your CampInTouch Dashboard, enter your “Top 15” today!
- ◆ **Online Summer Photo Albums:** We upload dozens of photos each day to Facebook & Instagram, and HUNDREDS weekly to the CampMinder photo albums, which you can mark as a “favorite”, save, and purchase if you like.
- ◆ **Statements, Invoices and Receipts:** Login now, and print your statements yourself- Tax ID is listed on every statement.
- ◆ **Online Registration:** Re-enrollment begins on August 14, and all your information is already in the system!

**ALSO: The Liberty Lake Day Camp Facebook, YouTube, Instagram, & TikTok-** A daily ritual for many of our camp parents to get the most current info ASAP from camp, including *LIVE FRIDAY ASSEMBLIES* (weather permitting) It’s also a wonderful communication tool throughout the rest of the year.





# ★ PROGRAM FUN! ★

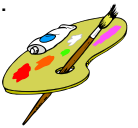


## AWESOME SPORTS & ADVENTURE ACTION!

Our coaches run **dynamic sports clinics** that target all ability levels. Sports activities include instruction through “lead-up games” as well as competitive games. We provide equipment for all activities, including helmets and pads for mountain biking, skatepark, and rock climbing. Our **High Ropes Adventure Program** is one the finest in the country, with exciting elements 25-50 feet above the ground, Giant Swing, and a Zipline across the lake (and back!) Besides Ga-Ga and Hulla-Ball (two playground favorites), there are lots of cool choices, including many activities that you’ll never find at home- so try them out!

## NOW PLAYING ON A STAGE NEAR YOU...

Creative energy and excitement fill Liberty Lake as campers enjoy challenging Drama, Dance and Music Workshops. We have professional musicians on staff, as well as performers from the **New Jersey Renaissance Faire!** “LLTV” films and creates weekly YouTube shows, plus content for the annual Liberty Lake Day Camp Video Yearbook. There’s no limit to how far your creativity can take you at LLDC!



## ARTISTS-IN-RESIDENCE

Liberty Lake offers campers a broad spectrum of artistic activities which will challenge their imagination. Instructors encourage **creativity** while teaching the **proper skills and techniques**. Projects take 5 days to complete, and come home with campers on Friday afternoons. Musical campers perform on Friday afternoons- Rockers & Rappers! And **Week 8’s big CAMP-A-PALOOZA** features many of our talented teachers and campers performing on stage for their friends!



## S.T.E.M. + GIFTED & TALENTED

Our eclectic & diverse programs challenge our campers, and are fun and interesting for those who want to try cool, new, hands-on activities. Our great staff of specialists is augmented by outside professionals.

## THE GREAT OUTDOORS!

Canoeing, kayaking, paddle boarding, swimming and fishing take place in our spring-fed, naturally stocked lake, supervised by a trained staff of **Red Cross Certified Lifeguards** and teachers. Our Mountain Biking and Mountain Man electives take full advantage of our 60 natural acres, and “Feathers & Fur” features our Newfoundland pups, and other assorted animals!



## SWIM PROGRAM

Swimming is perhaps the most popular and important component of the Liberty Lake program. Turtle, Frosh, and Soph campers are placed in appropriate swim instruction groups and move up to higher levels at their own pace. Progress reports are **Emailed home** throughout the summer. Entering 5th-9th graders may choose a “2nd Swim” by joining the Swim Team, Swim Instruction, or “Polar Bear Club” as one of their electives. Questions or concerns? Email: [swim@libertylakedaycamp.com](mailto:swim@libertylakedaycamp.com)

### SHRIMP

- \*Demonstrates comfort in water
- \*Puts whole face and whole head underwater

### GUPPY

- \* Demonstrates knowledge and use of “Big Arms”
- \* Knows how to use a kickboard and can kick for 15 yards
- \* Can float aided on front and back

### SAILFISH

- \* Can use “Big Arms” with rotary breathing at side of pool.
- \* Knows the whip (frog) kick
- \* Can float unaided on front and back
- \* Can tread water

### SWORDFISH

- \* Freestyle coordinated with arms, legs, and face in water (breathing may be to front or side)
- \* Can retrieve objects from the bottom of the shallow end
- \* Can perform elementary backstroke (with minimal instruction if necessary)
- \* Can jump unaided into deep water

### MARLIN

- \* Fully coordinated free style (no flailing arms or legs) with rotary breathing
- \* Demonstrates some knowledge of breaststroke
- \* Demonstrates some knowledge of backstroke

### SHARK

- \* Coordinated breaststroke
- \* Coordinated backstroke
- \* Treads water confidently between skills

### DOLPHIN

- \* Demonstrates some knowledge of sidestroke
- \* Demonstrates butterfly body motion (the worm)
- \* Understands surface dives with brief instruction

### STINGRAY

- \* Demonstrates coordinated sidestroke
- \* Demonstrates butterfly arms (may or may not be coordinated with body motion)

### BARRACUDA

- \* Coordinated butterfly
- \* Swims underwater 5-10 yards

### KINGFISH

- \* Practices of all strokes well above average
- \* In-water forward flip/somersault

### NEPTUNE

- \* Freestyle flip turn plus other fun, competitive techniques.

### JR. VARSITY

- \* Breaststroke open turn w/ pullout
- \* Retrieves diving brick from deep end

### Varsity

- \* Racing starts
- \* 200 yard IM
- \* Flip turns

### COLLEGIATE

- \* 25 Yard Brick Tow
- \* Relay transitions

### MASTERS

- \* Swim Team Style Workouts
- \* T-10
- \* Timed 500

### SWIM TEAM

- Competitive Swimming styles and strokes, as well as kickturns and racing starts. A great way to improve your cardiovascular strength, while refining your strokes.

### JR. LIFEGUARD

- \* Senior Camp Elective Training with our Head Lifeguard to start you on the path towards being a Liberty Lake Lifeguard!



American Red Cross



**“FREE SWIM”** is the popular daily opportunity for everybody to enjoy our two 80-foot pools, sandy beach, or deep lakeside area each afternoon. Liberty Lake features a 25-foot Water Trampoline, and the pools have two 50 ft. Pool Slides! Besides swimming, campers can also choose to relax by the water, socialize, sunbathe, or play quiet games. **Just another way that kids customize their days at Liberty Lake!**

# Important Info

## Extentions & Early Enrollment

At Liberty Lake, most groups have been relatively closed out for months prior to the start of camp- Some as early as September. Right now, a few scattered weeks are available in some groups ONLY for enrolled families. If you are interested in adding weeks, inquire about availability immediately to [joe@libertylakedaycamp.com](mailto:joe@libertylakedaycamp.com)

**\*When adding weeks after April 1, full payment is required immediately\***

**On August 14, Enrolled Camp Families will be given Priority Status to register for the 2024 Season** with a refundable deposit that locks in the lowest tuition rate possible. Brand New families will be given the opportunity to enroll after Labor Day, and we expect groups to begin closing soon after.

## Staff Tipping / Gratuities, + Grazzee!!

We understand that for many of our camp families, Liberty Lake is their first camp experience. One thing that's universal in the camping world is "Gratuities." While Liberty Lake pays competitively for a camp, teachers could make more teaching Summer School, and students could work 40+ hours per week in retail or fast food. Our 11th/12th grade high school students are in a leadership training type program, and appreciate tips the most. While tipping is absolutely not required, we suggest that tips are an appropriate way to show your appreciation to various staff members who have contributed towards the success of your child's experience. Our staff typically receive gratuities from camp families in the range of about \$10 per week/per camper. **Whether it's \$20, \$50, a gift certificate, or simply a heartfelt letter- staff welcome any acknowledgement of appreciation for their hard work and effort.**

\* **DOWNLOAD THE [GRAZZEE.com](https://www.grazzee.com) APP** to make gratuities "touchless" and easy. Our staff roster will be uploaded into the Grazzee software/website/app- for families to easily find staff, and tip them electronically- like a Camp Venmo! Last season we had great success with Grazzee- for counselors, group leaders, bus captains, specialists, lifeguards, division leaders, etc!!

## LEAVE CELL PHONES & ELECTRONICS AT HOME

**\* Cell Phones, Electronic Games, and all other tech devices are NOT ALLOWED at Camp \***

Camp is a "step back in time" to a place where we make REAL friends, not social media acquaintances. A place where we actually speak to one another- even on the bus, and where games are played **OUTSIDE** on fields and under tents. Camp provides a break from the screens which children stare at an average of 7.5 hours per day, and an opportunity for to interact with each other the way humans have done for thousands of years: **Face to Face**. Our kids will have plenty of time in their life to stare at screens. It's our job to give them as much sunshine as we can during their most formative time in their lives.

**If electronics are brought to Camp, they will be immediately confiscated- We are serious about this-**  
1st offense: We call home, 2nd offense: YOU come and pick it up, 3rd offense: Expulsion from camp

**\* DIGITAL DETOX @ LLDC \***



# ★ MORE IMPORTANT INFO ★

**HEALTH & MEDICATION** - All Campers must have a completed *Online Health History* filled out **EVERY SEASON**, as per the *NJ State Health Department*. We have Registered Nurses on staff who treat the campers and administer medication only when sent in its original container! Please make sure that the camp knows of any old injuries, as well as **medications that your camper(s) may take, at home and camp**. We call you immediately for any serious illness or injury at camp. Contact our Health Center any time during the camp season at [nurse@libertylakedaycamp.com](mailto:nurse@libertylakedaycamp.com) or **609-372-4721 (direct line)** - and meet them at the Meet & Greet.

**SUNSCREEN** - Generously apply sunscreen to your camper(s) prior to their arrival at camp. If you pack sunscreen, we will help re-apply to all Turtle and Freshman campers after each swim period. If you would like sunscreen applied to older campers, please send a note/Email to your camper's Division Leader- otherwise we remind them to do it themselves.

**EVENING EVENTS** - The *June 22 Meet 'n' Greet* is a chance for your kids to meet their counselors (and a Teen Leader Orientation.) The *August 10 Family Night* is a special event for all families to enjoy a blowout BBQ, do some fun camp activities, see the camp musical, and celebrate campers/staff who have been with us for 5, 10, 15, or 20 years at LLDC. There is an onsite *Girls Campout*, and *Boys Campout for 5th-10th grade campers* in the Mountain Man elective, while *Soph Campers have a Mountain Man late-night*. There is a *10th Grade LIT off-site Camping Overnight Retreat*, and week 8, the *Senior & Teen Divisions have an Evening Semi-Formal Party* in which campers go home and return to Camp at 6 PM, to get picked up at 9 PM.

**COMMUNICATION** - *"If you have any questions or concerns, please contact the office."* We say this often, and we truly mean it. **\*Be sure to check your Emails daily\*** for important, continuous updates on camp happenings. We strictly prohibit communication outside of camp between campers. Social media has added a layer of complexity, so we preach to staff and older campers to be responsible and represent the camp community with pride, while teaching them the importance of maintaining their personal brand and reputation. It is incumbent on us all to monitor our children's social media. Check the back page of this booklet for specific Email addresses for all camp administrators.

**FOOD & SNACKS** - Campers choose between a hot main entrée, a variety of sandwiches, salad, pasta, and cold water offered each day. Cold water is also readily available at all activity areas, and campers can enjoy **fresh fruit all day and popsicles in the afternoon!** We also have a **"Snack Shack"** -our camp canteen for the groups- like pretzels, fritos (gluten free), goldfish, our ever popular Slushies, and ice cream on Fridays. There are also additional drinks for purchase, sort of like a drink machine would be, with Gatorades, juices, bottled water. We have a dietary specialist who manages our the unique dietary needs of our campers- [food@libertylakedaycamp.com](mailto:food@libertylakedaycamp.com)

**BIRTHDAYS** - Campers who celebrate their birthdays in camp, enjoy **Group Slushy Parties**- so please don't send any food into camp, due to the many allergies.

**PROFESSIONAL PHOTOS** - Irvin Simon Photographers takes professional camper and group photos **July 13 (Wk.3)**. Campers will be reminded to wear their camp shirt on that day. All campers in attendance will be photographed, and you will get a link to check out the pix online and order- if you'd like.

**CAMP SWAG** - All Campers receive a Liberty Lake backpack and T-Shirt at the **"Meet & Greet"** or upon arrival on their first day of camp. Additional clothing is available in the Snack Shack and at our online camp store: **Bunkline.com** - link on the camp website, under Parent Resources, and Quick Links.

**SUCCESS TEAM** - The Liberty Lake Success Team is made up of our Camp Health Center Nurses (Medical), our Inclusion Team (for kids with additional physical needs), and our Support Team (for kids with emotional/behavioral needs.) They work in tandem to ensure that every camper has an opportunity to succeed at Liberty Lake.

**LEAVE VALUABLES AT HOME** - LLDC will not be responsible for any lost or stolen personal items brought to Camp. We will not replace any unnecessary items if they go missing for any reason- **LEAVE THEM HOME!**  
*Trading/Playing Cards are allowed only during set elective times, and can be locked up the rest of the day, if asked.*

★ **PROHIBITED** ★ Illegal substances, drugs, alcohol, and anything that can be used as a weapon- are prohibited (*Camp reserves the right to check belongings*). Campers or Staff found with any of these items will be dismissed from LLDC, with appropriate authorities notified. On a lighter note, **Flip-Flops are not "camp appropriate"** - keep'em home!

**WAIT A SECOND...**  
**A quick reminder as to why we're doing all this-**



**To teach life skills to young people so that they  
can become the best versions of themselves-**  
**AND - HAVE - A - BLAST!!!**





# The Most Popular Parent QUESTIONS + Answers

- 1 Why did Liberty Lake run camp in summers 2020-21, when so many others chose not to open?**

Liberty Lake has the advantage of being completely OUTDOORS on 60 acres, enabling us to spread out and adhere to enhanced safety guidelines when necessary. We have an experienced leadership team that is always willing to take on unique challenges. Director Andy, is the former President of the American Camp Association, and worked long hours with federal, state and county officials, and the media to enable summer camps to open safely across North America.
- 2 When does the bus pick up?**

In mid-June you will receive an Email with approximate pick-up/drop-off times at your bus stop. Times may vary slightly from week to week, and we will Email you an updated time sheet each week you are enrolled (the prior Friday). If you miss the Email, check the QUICK LINK webpage on the weekend to confirm Monday bus times!
- 3 What group is my Child in?**

Your camper's Group Name and Division will also be listed in a confirmation sheet, and on their "First Day of Camp Name Label" (sent in Mail). **Please make sure your camper wears their label on their shirt for their first day of camp.** This will help our staff escort campers to their groups when they arrive, as well as their bus/dismissal areas at the end of the day. We get hundreds of group requests, and try to honor as many as possible, but just know that it's an impossible task!
- 4 What are the hours of Camp?**

**The Regular Camp Day is 8:45 AM to 4:00 PM.** Early extended hours begin at 7 AM. Buses arrive at camp between 8:45 and 9 AM. Buses leave promptly at 4 PM, after which parents may pick up their camper(s) until 6 PM if utilizing extended hours or by 4:20 to get the "no ext. hours/no transportation discount."
- 5 What should I pack for Camp?**

Each camper receives a Liberty Lake backpack and T-Shirt at the Meet & Greet or upon their arrival to camp- Bring the backpack to/from camp, and wear the camp t-shirt on "Picture Day". **All Campers wear SNEAKERS AND SOCKS every day (NO FLIP FLOPS)**, as we run around a lot, and dislike twisted ankles. Campers wear a bathing suit to camp in order to facilitate getting ready to swim quickly. **Pack one towel in their bag**, and extra clothing for younger campers. Pack a water bottle, sunscreen (apply big time before leaving home) and a windbreaker- Nothing valuable, & **LABEL EVERYTHING!**
- 6 What do I do if my child is NOT attending Camp on a given day?**

Please fill out the online health form, and/or Email us by 7:30 AM if they are ill, or not coming in to camp that day.
- 7 What do you do when it RAINS or when it's TOO HOT?**

In event of "Liquid Sunshine" we go about our regularly scheduled activities, substituting dry covered area games for all field sports and waterfront activities. **PLEASE be sure to dress your camper(s) appropriately!** (windbreaker or rain jacket- not a sweatshirt.) **Always send bathing suits to camp**, as the sky usually clears up.  
**Excessive Heat = Cancelled sports, lots of extra swimming time + water games!**
- 8 What do I do when I want to Pick-up my child from Camp early?**

Call and Email by noon, and plan on picking up before 3pm. **No pick ups between 3-4pm**, for safety reasons.
- 9 Do you perform background checks on your Staff?**

Adults go through local/national background/sex offender checks + 3 reference checks. Minors undergo reference checks. As Liberty Lake is state certified to serve the special needs population, our adults are also FINGERPRINTED!
- 10 Can I stop by and visit my child at Camp?**

**Sorry, No.** Camp is a special place for kids, and one of the reasons is because parents are NOT here (#facts) Ask good, specific questions at dinner, and check out the online photos on Facebook, Instagram, & the CampInTouch photo gallery.
- 11 Do you serve children with Special Needs?**

We are proud of our SUCCESS program, which integrates all types of children within the Liberty Lake program. While 10% of our population has additional needs, we are not a "special needs camp." **We are a true INCLUSION program.**
- 12 Do you accomodate special dietary needs?**

Our main lunch entree', alternatives/substitutes, salad, fruit, yogurt, & pasta can accomodate most children's needs- Vegetarian, Kosher, Gluten, Lactose, etc. Email our dietary specialist with any questions: [food@libertylakedaycamp.com](mailto:food@libertylakedaycamp.com)
- 13 Can I send my child to Camp with a cell-phone?**

**NO.** Do not send Electronics, or other valuables to camp with your camper(s), as **the camp will not be responsible** if they are lost, stolen or broken. **1st offense:** We'll call you, **2nd offense:** Parent will have to come to camp to retrieve the phone and speak to the director, **3rd offense:** Expulsion from camp. Same goes for our staff. **Unplug at the gate!**
- 14 Whom do I contact with questions?**

Call or Email the office at (609) 499-7820, [office@libertylakedaycamp.com](mailto:office@libertylakedaycamp.com), or Email your child's Division Leader directly (they will reach out to you as well). **Our Division Leaders are the summer communication link between camp and home.** Please share with them any information that will help us make your camper's summer the best ever!



## **LIBERTY LAKE CONTACT INFO:**

- \* **Phone:** (609) 499-7820    **Health Center:** (609) 372-4721    **Fax:** (609) 424-3277
- \* **Email:** [fun@libertylakedaycamp.com](mailto:fun@libertylakedaycamp.com) (goes to office & directors)
- \* **Also:** office@, bus@, nurse@, electives@, swim@, inclusion@, andy, joe, bc, etc!
- \* **LibertyLakeDayCamp.com** ~ [Facebook.com/LLDCFANPAGE](https://www.facebook.com/LLDCFANPAGE) ~ [YouTube.com/libertylake1776](https://www.youtube.com/libertylake1776)
- \* **CampMinder Login:** [libertylake.campintouch.com](http://libertylake.campintouch.com)
- \* **GPS Address:** 1195 Florence Columbus Rd, Columbus, NJ 08022

### **LEADERSHIP TEAM**

<p><b>Andy &amp; Jill Pritikin- Owner/Directors</b> andy@libertylakedaycamp.com</p> <p><b>Health Center- Vanessa Head Nurse</b> nurse@libertylakedaycamp.com</p> <p><b>Tracy Calabria - Program Scheduling</b> electives@libertylakedaycamp.co</p> <p><b>Terri Southerland &amp; the Inclusion Team</b> inclusion@libertylakedaycamp.com</p>	<p><b>Brandi Carnivale- Director</b> bc@libertylakedaycamp.com</p> <p><b>Victoria Furbeck- Bus Coordinator</b> bus@libertylakedaycamp.com</p> <p><b>Gary Ertz- Aquatics</b> swim@libertylakedaycamp.com</p> <p><b>Cathi Fischer/Chereese Tulino- Social Worker/Counselor</b> cathi@libertylakedaycamp.com</p>	<p><b>Joe Craig- Admin Director</b> joe@libertylakedaycamp.com</p> <p><b>Jamie Grenier- Office Admin</b> office@libertylakedaycamp.com</p> <p><b>Dietary Specialist</b> food@libertylakedaycamp.com</p>
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**Kathy Breen & Matt Huminski- Head Counselors**

### **DIVISION LEADERS**

Turtles (PK & K) turtles@	Freshman (1-2) frosh@	Sophs (3-4) sophs@	Juniors (5-6) juniors@	Seniors (7-9) seniors@	Teen Leadership (9-10) teens@
<p>Leanne Alexandrini Libby Haines</p>	<p>Rob Swantek Killian Thomas Naja Wimberly</p>	<p>Justin Foster Erin Zawartkay Eric Fernee</p>	<p>Amir Artis Kia Thomas Andrew Randolph</p>	<p>Taylor Dembowski Matt "Big Red" Thomas</p>	<p>Jeni Voorhees Andress Mims</p>

## **2023 KEY CAMP DATES**



- \* **June 1** - 7pm, Rookie Family Town Hall Zoom
- \* **June 7** - 7pm, Veteran Family Town Hall Zoom
- \* **Early June** - You will receive Emails & mailing with "First Day Name Tag", "Car Placard" and other important info.
- \* **Mid-June** - Final Bus times Emailed and posted online
- \* **June 22** - Arrive any time between **6:30-8**, Parent/Camper Meet & Greet
- \* **June 26** - First day of 2023 Season
- \* **July 4** - Camp Closed- Independence Day Holiday
- \* **July 13** - Picture Day- **WEAR YOUR CAMP T-SHIRT**
- \* **July 14** - Soph Mountain Man Late Night + LIT Beach Trip
- \* **July 21** - Boys Mountain Man Overnight
- \* **July 28-29** - LIT Overnight Retreat
- \* **August 4** - Girls Mountain Man Overnight
- \* **August 10**- FAMILY NIGHT, 5:30-8pm, all invited!
- \* **August 14** - 2024 Reenrollment begins for 2023 families only
- \* **August 15** - Senior/Teens Evening Formal, 6-9pm,
- \* **August 17** - Camp-a-Palooza, Music & Arts Afternoon



**When is COLOR WAR?? WE'RE NOT TELLING!**

*5-Year Jackets, 10-Year Plaques & 15 Year "Golden Slushie Passes" will be presented at Old-Timers Ceremony, 8/10 @ 7pm*